



## KUNDALINI FALL WOMEN'S RETREAT

Honor yourself and others, inspire and support one another as we access our excellence and we uplift ourselves to kindness and strength! You deserve this blessing! Please join your sisters and myself Devi Kirm Kaur on October 22, 23 and 24 for the 3rd Annual Women's Camp at Sugar Ridge Retreat Center.

*"It is an opportunity to relate to one's own self-grace."*

*"Any woman who talks to her soul, shines like a light tower, with radiance."*

*Yogi Bhajan Khalsa Women's Training Camp, New Mexico, 1998*

Explore your unique strengths your own power; rejoice in the experience of the nurturing support that a sacred circle of women can generate.

The challenge and delight of a woman's life is to find her center, to balance herself in the sacred, and in the joys and challenges of life. She is the center of so much, for so many. From her center, love and power, confidence and harmony flower.

The space we create facilitates the healing journey of spiritual consciousness that we embrace as women and yogis.

I welcome all women all ages and levels of experience for this opportunity for relaxation, strengthening, growth, and bonding with other women.

Plan ahead for this fall and get ready to revel in the experience of your goddess!

**DATE: October 22-24, 2010**

**COST: \$350 Early Registration (before Sept. 25, 2010)  
\$375 (after Sept. 26, 2010)**